

20/03/2010
Issue #7

Created by
Peter Moore



NORAH HEAD

PANTHER CUBS

www.norahheadpanthers.org.au

Websites to Visit

- www.ccjha.org.au

Fixture (draws) available
here for juniors

- www.hockeynsw.com.au

Player Profile

Name: Connor Duggan
Age: 12 **D.O.B:** 19/04/97
Team: U13's
Fav Food: Steak
Worst Food: Squash
Best thing about Hockey:
Just awesome
Fav TV Show: Family Guy
Hobbies: Hockey
Footy Team: Melbourne
storm / Hockeyroos
School: Wadalba HS.

Joke of the week

Q. How do clean the sky?
A. With a skyscraper.

Useless fact

Women blink nearly twice as
much as men.

Lets Start The Season!

At last the season is here. This year hopes to be bigger and better than the last, more disco's, more fun and great friendships. I am so proud of the commitment of our new U13's team, they are truly club players. We are also blessed with a large number of U9's that are sure to impress throughout the year.

Our tireless committee have done a lot of work over the off season to ensure that all is in place for a smooth running season. Anyone that would like to become more involved in the clubs operations are welcome to attend our regular meetings at the Norah Head Hockey Club first Tuesday of every month.

Training Nights.

Our training nights are running very smoothly. One important thing to note, can children please not bring their own balls onto the field for training as they get lost in all the others and makes finding them very hard.

We are in the process of gaining approval for the BBQ on training nights (Red Tape). This year we have approval for a BBQ on the training nights to accommodate hungry adults and children at a small cost.

New Junior Playing Shirts.

A big thankyou to Steph at TTM screenprinting for supplying the new junior uniform. Steph is located near the RTA at Toukley, her company can do all types of screenprinting and embroidery. Please support those that help our club if you are able to. TTM details are on the sponsors page.

Norah Head Game Days

On Saturdays when our juniors play, Norah Head have a Blue Esky were the children are welcome to collect their free ice block or drink after their game. The Esky has been provided as a central location to pick up the weekly newsletter (such as this one), any dates to remember will be stuck on the esky and copies of draws will also be available.

Please get to know your team manager as soon as possible to ensure that there is a good link with regards to being contactable if draw changes have occurred. The Central Coast Junior Assoc try to avoid changes to the draws but they do occur from time to time.

For any newcomers junior games are rarely cancelled, we play in rain, even heavy rain as our fields are not affected by the rain. The only thing that will stop a game is lightning, and this is carefully monitored by the referees on the day. (they have guidelines to adhere to)

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Peter Moore
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PO Box 4622
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